

## **Gastritis**

## What is gastritis?

Gastritis is the swelling and Irritation of the stomach membranes and Colitis ids the swelling of the colon membranes. An ulcer is the irritation in the stomach wall.

A gastric ulcer is a wound in the stomach walls or in the small intestine.

**Symptoms of gastritis** are: Bad digestion, vomiting, headaches, a burning sensation and discomfort. In the case of an ulcer, a discomfort or pain is felt in the pit of the stomach. On the other hand, if alcohol or hot peppers are ingested, the pain will increase two or three hours later.

With severe ulcers an acidic vomiting or bleeding can occur. The excrement may be black in color from the blood in it.

The main causes are excess alcohol and coffee, fried and spicy dishes, and excessive stress. When gastritis persists it causes gastric ulcers. It also caused by an infection due to bacteria Helicobacter Pylori.



- Provides an ideal nourishment for speedy recovery of ulcers
- Completely Removes Acidity, Gas & Constipation
- Generates good Quality mucus membranes to protect gastrointestinal track
- Helps in Improving digestion process at stomach & intestine level

## **Suggested Products:**

Comraid: 1 capsule 3 times after meal

## SH&WK:

OmegaSat: 1 soft gel 2 Times after meal

Minerjal: 7 drops 4 times in 200 ml drinking water

**Alproxy:** 1 tab 3 times after meal



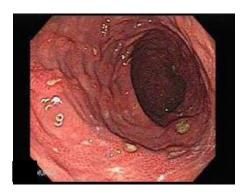




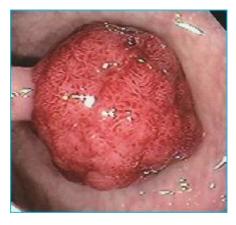
A pedunculated polyp in the colon



A prepyloric gastric ulcer



Gastric ulcer



A polyp in the bowel